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"Homeschooling allows you the freedom to step off the highway of learning and take a more scenic route along a dirt road." ~Tamara L. Chilver

Dear THSC Friend,

Are you a summer school or a no-school-whatsoever-during the summer kind of homeschooler? Or maybe somewhere in between?

Some kids want to keep learning at full speed ahead, while others are just done at the end of May. Yet, learning at our own pace is part of the beauty of homeschooling!

Personally, I took a week off in April and June to focus on other events and travel with my kids.

Learning never stops, but it's okay to take a break from our regular schedule when needed.



Let go of summer break pressure.

"It's just not true about the whole '18 summers' thing...

Most of us have more than that with our kids. *Many* more. They just look different at different seasons of your life. And that's just as God intended."

When You Can't Do Everything: Overcoming Homeschool Burnout

"Here are a few of the ways I get myself back on track and find joy so that I can be the best version of me for my children."

Find joy in homeschooling again!





Know the Symptoms of Homeschool Burnout - and <u>Find the</u> <u>Cure!</u>

- Every day is a bad day.
- You start to feel disconnected.
- You feel emotionally exhausted.
- You feel trapped with responsibilities.
- You feel zapped of energy.
- You feel ineffectual.

To avoid - or fix! - homeschool burnout, give yourself the grace to take time off when needed.

After all, some public schools may even only have two hours a day of actual learning time! (source and source)

You are not going to fall behind when you are focusing on giving your child the best, individualized education possible.

I hope these ideas help you create an environment of joy in your home and in your homeschool overall.

Thank you for reading,



Jessica Lovett
THSC Lead Writer & Editor

P.S. Is there anything you'd like to see in upcoming *Home Educator Express* newsletters? Any homeschooling questions you'd like answered? Feel free to reply and let me know!

Does Homeschooling Affect Social Skills?



By: Nanette Botha, mother of 3 & behavioral expert

So many thoughts cross our minds when we think about starting the journey of homeschooling our children.

We wonder whether we are doing the right thing or doing it for the right reasons, and then just as we start to feel more settled, a friend or family member may ask questions or make comments that make us doubt ourselves all over again.

We often hear a remark about how our children would learn social skills if we "isolate" them through homeschooling. And, no doubt, it is something that we have considered time and time again.

Interestingly, research shows that homeschooled children have better results than their public school peers when tested on different aspects of their social skills.

Read on to learn three tips to ensure that your children are getting the much-needed social skills to help them succeed in life.

3 Social Skills Tips!



Homeschooling special needs doesn't have to be difficult...

We know that homeschooling special needs students can be challenging, but we are here to help!

Our specialists can help your students grow and thrive.

As we begin to plan for the start of another school year, our Special Needs Specialist would love to hear from you about what you need to homeschool your learningabled students.

Take our survey and let us know how we can help!

Remember that THSC Members also can also schedule free coaching sessions anytime!

Take Our Survey!

It's the end of the semester don't have any loose strings!



Are you worried as you end the year that your student may not have fully grasped some concepts in order to move on to the next grade level?

CTCMath is the perfect way to check and make sure you're on the right track!

Don't wait until August and see that you're behind...

CTCMath has a <u>free trial</u> (no credit card required!) to see if it might help your students get excited about math again.

Everyone's raving about it, including Cathy Duffy's 102 Top Picks and The Old Schoolhouse Crew Review.

Get 1/2 Off + 6 Months Free!

GRADE TIPS NEWSLETTER



Newsletters for the Grade Levels You Teach

Did you know that we have newsletters especially designed for elementary school, middle school, and high school students?

We know that your students have different levels, learning styles, and needs. Sign up today and get fun ideas delivered to your inbox to keep homeschooling fresh!

You can sign up for one or all of them, depending on the ages of your students.

Elementary

Middle School

High School

Home Educator Express by THSC

Keep your homeschooling fresh and inspired. New ideas every month!

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